SASH MAT:
Your guide to a successful home infusion

KabaFusion
Patient-Focused Infusion Therapy
www.KabaFusion.com

Use the letters "SASH" to help remember the order for flushing your catheter

S | Saline Flush

Saline (white-top)

Medication Label

Inspect your medication label for the following:
- Name of patient
- Name of medication
- "Use by date"
- Time needed to warm medication to room temperature

Alcohol Pad
70% Isopropyl Alcohol
CE
For Disinfection Use

Needle-free connector

A | Administration of Medication*

Medication

Mini-Bag Plus — **IV Push** — **Elastomeric**

0.9% Sodium Chloride Injection USP

Alcohol Pad
70% Isopropyl Alcohol
CE
For Disinfection Use

* Administration of medication

Please refer to the patient teaching guide for specific directions

Scan the QR code to access all of our Patient Teaching Guides

S | Saline Flush

Saline (white-top)

Alcohol Pad
70% Isopropyl Alcohol
CE
For Disinfection Use

H | Heparin Flush*

* If Ordered

Heparin (blue **OR** yellow top)

Alcohol Pad
70% Isopropyl Alcohol
CE
For Disinfection Use

CLAMP (if present)

Reminders
- Use a new alcohol pad with each step.
- **DO NOT** reuse any syringe. Throw away after use.
- **DO NOT** touch the tip of the uncapped syringe with your fingers or let it touch any surfaces. If this happens, throw away the syringe and use a new one.

NOTE: All medication should be free of cracks, leaks, floating particles or discoloration. Call your nurse or pharmacist if there are problems with your medication or anything on label is incorrect
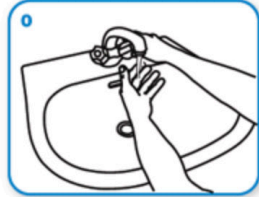
HAND WASHING:
Your guide to proper hand cleaning

KabaFusion
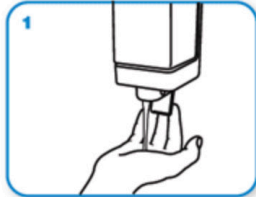Patient-Focused Infusion Therapy
www.KabaFusion.com

Follow the instructions below to help prevent infection

It is important to wash your hands before and after you work with your catheter, medication and supplies, to help prevent infection. For best results, use a liquid soap rather than a bar soap, and follow these instructions:
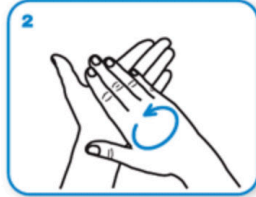
1. Turn on the sink faucet and wet your hands & wrists under warm running water. Leave the faucet on.

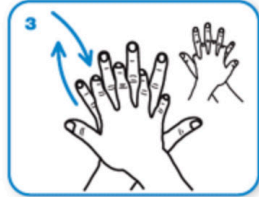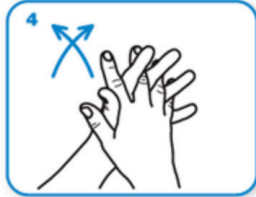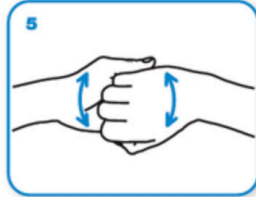2. Apply enough liquid soap to cover all hand surfaces. Rub hands together, palm to palm, covering all surfaces of both hands, all fingers and your thumbs. Use a nail brush if needed. Scrub thoroughly for **AT LEAST 20 SECONDS,** or as long as singing "Happy Birthday " twice.

3. Rinse your hands to remove all soap and dry them thoroughly. Dry them with a paper towel or clean (unused) hand towel.

4. After drying your hands, use the same towel to turn off the faucet. **DO NOT** touch the faucet directly with your clean hands.

5. Once your hands are clean, make sure they do not come in contact with unclean surfaces. If you cough, sneeze or pick up something from the floor, you will need to rewash your hands before continuing.

Wet hands with water

Apply enough soap to cover all hand surfaces

Rub hands palm-to-palm

Right palm over left with interlaced fingers and vice versa

Palm to palm with fingers interlaced

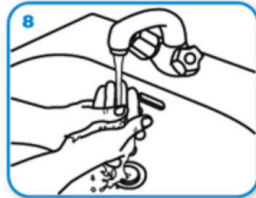Backs of fingers to opposing palms with fingers interlocked

Rotational rubbing of left thumb clasped in right palm and vice versa

Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm & vice versa
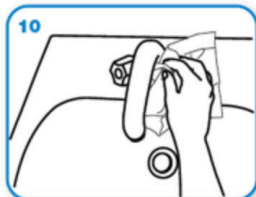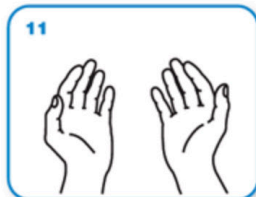
Rinse hands with water

Dry thoroughly with a single-use towel

Use towel to turn off faucet

...and your hands are safe

Use an **alcohol-based hand sanitizer** if you don't have immediate access to soap and water.

NOTES:

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Putting the "CARE"
back in healthcare